

Ride The Edge



at White River Rides

2019 Endurance Clinics

Hesperia, Michigan

Clinic and 15 mile ride will be held in the Little Manistee National Forest on trails, two-tracks and dirt roads

10am

May 4 • June 8 • Aug. 31

Timber's Edge Campground

4345 Warner Ave, Hesperia, MI 49421

\$25 each, prepaid registration & negative Coggins required

Day parking included, camping extra

Clinic starts at 10:00 am, followed by 15 mile ride

So you want to be an endurance rider but aren't sure if you can? How will you ever know unless you explore the possibilities of this exciting sport?

An endurance competition is not just another trail ride. It is a timed event over a marked and measured trail, governed by rules from the American Endurance Ride Conference (AERC). This organization sanctions endurance rides in all parts of the country, so that no matter where you compete, the rules will be the same.

The distances for these rides are usually 25, 50 or 100 mile one-day events. The allowed times for completion is 6, 12 or 24 hours. The most important part of the ride is the vet checks for the horses, the checks will be every 10-15 miles. At the check the horse has time to eat, drink and rest. It is also important that the rider take care of themselves — eating and drinking plenty of water. Electrolytes are good for both horse and rider. Veterinarians check the horses for lameness or metabolic problems that might have developed during the day. If the vets feel that the horse is not fit to continue, it is pulled from the ride. The veterinarian's word is final.

The key to being a successful competitor is to bring a well-conditioned horse to the ride, and to ride your own ride. The distance you chose to go at each ride depends on where you are in your training program, whether your horse does better on flat or mountainous terrain, and how you feel that day. Most people who participate in this sport have families and jobs but still find time to compete successfully.

So, who does endurance riding? A person looking for adventure, challenge and a good time will love this sport! Camping, enjoying the beauty of our forests and the camaraderie of friends will bring you back again and again!

For more details contact Becky Grams, beckeg@aol.com or tecllc04@aol.com, limited to 10 riders each date, if enough interest additional riders will be added.

Hi Folks,

Here is more information about the 2019 endurance clinics at Timber's Edge Campground. Enclosed, you will find a registration form, a list of items to bring, what your horse should know and an entry to the ride.

What to Bring:

Camping/Day Parking: Decide how you will secure your horse. Electric corral, picket line, other. Tying to the trailer is OK, but not recommended. Whatever your plan, **TRY IT AT HOME FIRST!** Also bring fork/rake to clean your horse's trailer/corral area, barrels will be provided for waste.

Feed: Whatever your horse is accustomed to eating. After the clinic you may want to make a change.

Water Onsite: You will need to bring your own buckets (at least 2 - an extra to sponge your horse from). You will need a sponge to use for cooling the horse. Car washing sponges are great.

Wrist Watch & Stethoscope: We will be working on pulse and respiration. Bring your own watch with second hand/display, stethoscopes will be provided if you don't have one.

Helmets: **Required for juniors** and strongly suggested for adults.

Tack & Attire: No special tack or clothing needed, bring what you and your horse are most comfortable in.

Negative Coggins required onsite.

What Your Horse Needs to Know:

Even though your horse may be well mannered and quiet at home, don't count on this being the case at the first endurance ride. Lots of activity, strange horses and new environment can scramble their brains!

Safety is a major issue. The vets cannot afford to be kicked or bitten by your horse. Ride participants and volunteers are at risk, also.

DURING THE VET EXAM: Your horse will need to stand still. The vet will look in his mouth at the gums, feel the legs, pick up the feet, feel for muscle tone and do a skin pinch to check for hydration.

Jog for soundness. Horse should trot straight out 125 feet on a loose rein, neither run ahead of you or have to be chased. You may use halter or bridle.

Sometimes the vet line is long and the horses have to stand quietly. If your horse kicks or has any bad habits, bring a red ribbon for his tail.

PLEASE TELL THE VETS IF THIS IS THE FIRST ENDURANCE EXPERIENCE FOR YOU AND YOUR HORSE. The vets will handle your horse with more caution and give you additional help.

If you have additional questions, contact Becky Grams, beckeg@aol.com or tecllc04@aol.com

White River Endurance Clinic 2019

Date of event you plan on attending: May 4 June 8 August 31

Application Name _____

Mailing Address _____ City/State/Zip _____

Junior -under 16? (Y or N) _____ AERC Number (if available): _____

Email Address _____ Phone _____

How did you hear about this clinic? _____

Your Goals For The Clinic (check all that apply):

- Learn about Endurance Rides (AERC) and see if they are for me/my horse
- Learn the skills to prepare me for my first season or two of competition
- Figure out how to resolve some issues I am having with conditioning or competing
- Further my knowledge of endurance riding

Tell us more about your goals: _____

Are you hoping to compete in 2019? (check all the apply)

- I have no idea if I'll be ready but hope to learn about that
- Yes, I hope to get to do an AERC LD (25/30 mile) ride
- Yes, I hope to compete in AERC Endurance (50 or more miles)
- No, I'm just hoping to learn the ropes but don't plan to compete
- I have already been competing at endurance rides

Tell us about the horse you'll be working with:

Breed _____ Age _____ Height _____

Tell us more: _____

What is your riding background? (Trail riding, dressage, showing, western, hunter/jumping) _____

How long have you been riding? _____

If there's anything else you think we should know before the clinic, just note it on the back! Mail application and clinic payment to: Timbers Edge Campground, 4345 Warner Ave, Hesperia, MI 49421. Contact Becky Grams with any additional questions - beckege@aol.com, tecllc04@aol.com.

Day parking is included, additional reservation required for overnight camping. Certificate of completion, informational "how to" packet and endurance goodies will be supplied with each paid entry upon completion of clinic. HELMETS REQUIRED for junior riders and strongly suggested for adults.